



Regular Mental Health & Addictions Subcommittee Meeting
October 6 & 7, 2021 via Zoom
Day 1 Summary

Members:

Shannon Doubleday, FNIHB Co-chair
 Anne Bird, Treaty 6 (YTC)
 Terri-Lynn Fox, Treaty 7 (BFC)

Andy Alook, Treaty 8 Co-chair
 Colleen McDonald, Treaty 6 (ECN)

Liaisons:

Tisha Bromley, Treaty 7 (BFC)

HCoM Secretariat:

Erin Solway, Coordinator
 Debra Loyie, Assistant

Presenters:

Lauren Stewart, FNIHB
 Chanz Thomas FNIHB
 Eunice Louis, MHS

Patricia Louie, FNIHB
 Randy Littlechild, MHS
 Jason Golinowski, ISC

Observers:

Crystal Beaverbones, O'Chiese/T6
 Deborah Harding, Treaty 6 (ECN)
 Steve Skakum, FNIHB

Nancy Whitehorse, O'Chiese FN
 Tina Apsassin, CT6FN
 Celisity Thomas

Regrets:

Caroline Adam-Courtoreille, Treaty 8

Bernadette Crowchild, Treaty 7
 (SNTT)

1. Call to order/Opening Prayer

Co-chairs

- With a quorum present FNIHB Co-chair Shannon Doubleday called the meeting to order at 9:02 a.m.
- Anne Bird provided the opening prayer

2. Review and adopt draft agenda

Co-chairs

- defer Kee Tas Kee Now Tribal Council Presentation and Kapown Treatment Centre Presentation
- move up Maskwacis Presentation, IRS Planning, and Mental Health Town Hall Series

2021-10-06: #1 Motion the Mental Health & Addictions Subcommittee accepted and approved the October 6 & 7, 2021 draft agenda with noted changes. Moved by Colleen McDonald, Treaty 6. Seconded by Terri-Lynn Fox, Treaty 7. Motion CARRIED

3. IRS Planning * briefing document circulated

Lauren Stewart, FNIHB/ISC

Action Item 3.1: FNIHB Team to draft LOI for IRS training and capacity

2021-10-06: #2 Motion the Mental Health & Addictions Subcommittee motions that the \$80,000 for IRS-RHSP training be used to support a minimum of two training sessions for IRS-RHSP staff and community based Mental Wellness staff through a CA Holder identified through a LOI. Moved by Andy Alook, Treaty 8. Seconded by Terri-Lynn Fox, Treaty 7 (BFC). Question Called; All in favor; unanimous Motion CARRIED

4. NNADAP Gathering Presentation Update

Maskwacis Health Services

- Randy Littlechild provided the Subcommittee a verbal update on the NADDAP Gathering scheduled to take place Feb/March 2022, ISC staff are to be present at Gathering for support, Eunice Louis shared overview of facilitators and vision of mental wellness supports



Break

11:30 to 11:56am

5. Funding Decisions
\$670K MWCRT Funding 2021/22

FNIHB

Action Item 5.1 Shannon to investigate the re-evaluation of the Crisis Response Team funding on how it is used.

Action Item 5.2: Shannon to bring to HCoM Committee the discussion on exploring the expansion of Mental Wellness CRTs

Action Item 5.3: Look at CRT create tool to track data, Shannon will discuss with Steve Skakum and Chanz Thomas

2021-10-06: #3 Motion that the Mental Health & Addictions Subcommittee recommends for Fiscal Year 2021/2022 \$2,557,641 new Budget 2021 MWCRT funding to be split evenly between all 46 Nations to support mental wellness crisis response and planning at the Nation level. Moved by Terri-Lynn Fox, Treaty 7 (BFC). Seconded by Andy Alook, Treaty 8. Question called; all in favour; unanimous Motion CARRIED

Action Item 5.4: Shannon to share with HCoM recommendation to use funding next two fiscal years to expand CRT

- Identified Working Group as follows: Terri-Lynn Fox, Crystal Beaverbones, Andy Alook, and Deborah Harding, Chanz Thomas and Steve Skakum to lead Working Group

2021-10-06: #4 Motion that the Mental Health & Addictions motioned to accept the recommendation that the \$670,000 be allocated in the following distribution: \$400,000 to be allocated to MWCRTs based on utilization for both in-person and virtual deployments; \$270,000 to be allocated towards MWCRT Capacity Building Training through an RFP process. Moved by Terri-Lynn Fox, Treaty 7 (BFC). Seconded by Anne Bird, Treaty 6. Motion CARRIED

- Funding decision 2021/22 Prevention Programs Subcommittee \$811,607 Canada's Tobacco Strategy Funding

2021-10-06: #5 Motion that the Mental Health & Addictions motioned to accept the recommendation that \$811,697 be distributed through Mental Wellness Program to support Traditional Healing practices with an evenly distributed allocation of \$17,643 per community. Moved by Andy Alook, Treaty 8. Seconded by Anne Bird, Treaty 6. Motion CARRIED

6. Mental Health Town Hall Series

Jason Golinowski, ISC

- Reviewed Windspeaker Radio townhall model used during COVID with purpose of leveraging opportunities to highlight key indigenous mental health topics, looking for recommendations and speakers with compassion to speak on topics
- Terri-Lynn shared Treaty 7(Blood Tribe) model willing to share information for those interested.
- Andy Alook stated no resources or funding for specific radio person welcomes collaboration to explore other content i.e., outgoing outreach among Nations; able to provide support too Jason will provide contact info

7. Adjourn

2:50pm



Regular Mental Health & Addictions Subcommittee Meeting
October 6 & 7, 2021, via Zoom
Day 2 Summary

Members:

Shannon Doubleday, FNIHB Co-chair
 Anne Bird, for Marlene Arcand Treaty 6 (YTC)
 Terri-Lynn Fox, Treaty 7 (BFC)

Andy Alook, Treaty 8 Co-chair
 Colleen McDonald, Treaty 6 (ECN)
 Carolyn Adam-Courtoreille, Treaty 8

Liaisons:

Laurie Belcourt, Treaty 8

HCoM Secretariat:

Erin Solway, Coordinator
 Debra Loyie, Assistant

Presenters:

Patricia Louie, FNIHB
 Lauren Stewart

Angela Murphy, ISC

Observers:

Crystal Beaverbones, O'Chiese FN
 Deborah Hardy, ECN
 Steve Skakum, FNIHB

Nancy Whitehorse
 Tina Apsassin, CT6FN
 Patricia Louie, FNIHB

Regrets:

Bernadette Crowchild, Treaty 7 (SNTT)

8. Call to order/Opening Prayer

Co-chairs

- With a quorum present Andy Alook called the meeting to order at 9:02am.
- Anne Bird provided the opening prayer

9. October 6, 2021, RECAP

Andy Alook, Co-chair

10. MOP Review

FNIHB

- Patricia Louie provided overview of FNIHB 2022/23 MOP (10 pages) specific to Mental Wellness; Wave 1 due October 31, 2021
- clarification on IRS funding and OAT funding and requirements and integrated service approaches
- Andy shared challenges with medical transportation is an issue, there's so many components to it that are needed for support and when we're being innovative with these recovery care day programs need to think long-term supporting our members with sobriety and recovery
- Co-chairs table MOP discussion until afternoon

11. Regional Operations - CFS

Angela Murphy, ISC

- Angela provided overview of ISC Child and Family Services DFNA Child, Youth, and Family Enhancement Act. Noted January 1, 2020, Bill C92 a federal legislation that affirms the inherent right to self-government under section 35 includes jurisdiction in relation to child and Family Services and sets out a framework for exercising jurisdiction and it came into effect January 1, 2020. Bill C 92 is national act that Canada has implemented to reform program, provided slide on Canadian Human Rights Tribunal
- contact information will be shared with Shannon to share with Subcommittee
- copy of the presentation will be forwarded to HCoM Secretariat Co-chairs modified October 7, 2021, agenda: Budget 2021 to commence after lunch; HCoM Secretariat to review motions and/or decisions; deferred Opioid Task Force Update

12. IRS Strategy

Shannon Doubleday and Lauren Stewart, FNIHB



- Brainstorm session what's needed for enhanced supports and enhanced services around Indian residential schools, receive directive from HCoM asking the mental health and addiction subcommittee to work on developing IRS strategy that would work for communities for treaty areas for region, may have an opportunity to push this up as a pilot or a unique model to seek national investment for leverage, have Lauren Stewart who will provide overview what's happening in the world of IRS with the resolution health support workers cultural support workers, what some of the gaps or opportunities that they've identified
- Lauren Stewart provided background IRS landscape and ability to access IRS supports; shared on October 4, 2021, additional settlement for day scholars
- Andy suggested bringing list of ineligible schools to HCoM Chiefs

Action Item 12.1: Shannon and Lauren to work on gathering day schools' information and bring info back to the HCoM Committee

HCoM MH&A IRS Strategy

- Andy asked Shannon to speak to CAPITAL how to engage
- Shannon request names from Subcommittee to assist, could look at capital ISC bringing forward compilot concepts i.e., family trauma healing strategy see if able to leverage from MW program find areas flexibility, we might be able to leverage *capital*
- Andy Alook include name suggested find way to structure if proposing healing lodges possible to provide funding to Operations and Support specific to support IRS MH Addictions
- Shannon will have conversation with Tony and Brent if able to move grants over to Capital and stated Tony and Brent should be part of conversation can help guide discussion
- Terri-Lynn provided name and willing to work with Shannon and Andy on draft model, shared using spirit healing vs. English language important moving forward
- Any questions or Ideas/thoughts on IRS strategy can be shared with Shannon via email

Recorder note Andy Alook departed the meeting at 12:27pm announced Carolyn Adam-Courtoreille will be present for pm portion and Anne Bird departed meeting at 12:28pm leaving Crystal Beaverbones as proxy for YTC

LUNCH BREAK

12:30pm to 1:15pm

13. Budget 2021 Enhanced Regional Allocation *circulated via email **Shannon Doubleday, FNIHB**

- provided Subcommittee overview of Budget 2021 Enhanced Regional Allocation and Briefing note options could look at combining life promotion suicide prevention and the regional mental Wellness possible funding to come up with a larger pot of money just under \$5 million that we could then look at strategically investing in the Indian residential school strategy, could also look at combining life promotion suicide prevention and regional mental Wellness needs funding again that almost five million with a recommendation that would be provided to all 46 personations of funding using the 50% basis is 2% merger but we could look at those things there's risks benefits either of them the risk of option number two under the light promotion suicide prevention and mental Wellness need funding is that we've already flowed significant amount of funding top-ups out nation service fiscal years on the first six months we flowed in additional about \$18 million we are at risk of recipients not being able to carry funding forward as we continue to flow out later and later in the fiscal year which that means we're looking at potentially climb money back or bring money back because it can't be expanded so there's some risks around that
- brainstorm discussion Life promotion suicide prevention funding and the regional mental Wellness



- question: life promotions and suicide prevention are there any training provided for the staff who are involved maybe that's something that we could look at is to have you know just different training opportunities maybe it could be originally it could be by treaty area
- response can be applied for training we did talk yesterday about a portion of the budget 2021 mental wellness crisis response team funding for this fiscal year, a chunk to be carved off for training and capacity development and to prepare nations for appending RFP for the expansion of crisis response teams
- through the IRS there's training the group indicated that they would like preference for iron for the RHS WS and CSP's in that training and if there's space to be able to open that up with it broader so there's some training coming down the line this year that would align with this year
- cautious about it being late in the year and layering on a lot of trading between those different funding pots so there's opportunities though for communities too to ask for times to expend the funds additionally only challenge we have is there's a fairly large number of recipients that are coming to the end of their five-year agreement so we have to seek permission in essence for agreement to be extended by one year in time only to allow the carryover funding
- Caroline shared it's unfair to the Nation the communities that funding is coming so late and there's a risk of the monies being clawed back, think it's something that the region needs to advocate that funding won't be clawed back
- Patricia Louie clarified the extension in time only as for conversations with the health funding arrangement team is typically the only allow agreements to do it twice and that's the absolute maximum that has historically been able for them to extend those in time only before starting a new agreement and you can't carry forward funding from an old agreement to a new agreement; in the beginning of the pandemic saw a lot of agreements extended then in 2021 they were then extended a second time only, so we actually have other NGOs treatment centres and tribal organisations and communities we have 34 that are due to expire this fiscal year and while we are trying to work with HFA to bring it up to national to see if there is a possibility for an additional extension it's at this time is not guaranteed and we're not sure if in one we will get an answer regarding that

Action Item 13.1: Secretariat to schedule a 1.5 hr meeting to further discuss MHA Budget 2021. October 15, 2021

Action Item 13.2: Previous MH&A draft meeting minutes to be added to the October 15, 2021, ad-hoc meeting

14. Youth Treatment Centre Update

FNIHB/ISC

- Patricia Louie provided verbal update, still anticipate April 1, 2022, opening date, shared video, and pictures of Hidden Meadow Ranch

15. Adjourn

2:50p.m.