Mental Health & Addictions Regular Meeting via Zoom June 14, 2021

Members:

Shannon Doubleday, FNIHB Co-chair Terri-Lynn Fox, Treaty 7 Anne Bird, YTC, Treaty 6 Caroline Adam-Courtoreille, Treaty 8

Liaisons/Technicians:

Kavita Prasad, Treaty 7 Lori Belcourt, Treaty 8 Bethany Long, Mental Wellness, FNIHB

Observers:

Tina Aspassin, CT6FN Chyloe Healy, Blackfoot Confederacy, Treaty 7 Bonnie Healy, Blackfoot Confederacy, Treaty 7 Patricia Louie, FNIHB Chantz Thomas, FNIHB Dane Degenstein, FNIHB

Call to order/Opening Prayer

Rollcall and Introductions

Anne Bird announced will be acting MH&A Subcommittee rep for YTC until Marlene Arcand returns from leave

1. Review draft Agenda

- Removed agenda item College of Counselling Therapy
- Added agenda item HCoM Committee Update and HCoM Liaisons Update and Kamloops, BC Update

2021-06-14: #1 Motion the Mental Health & Addictions Subcommittee approved and accepted the June 14, 2021, draft agenda with additions. Moved by Caroline Adam-Courtoreille, Treaty 8. Second by Terri-Lynn Fox, Treaty 7. Question called; all in favour; Motion Carried

2. FNIHB Updates

PPT deck was shared with MH&A Subcommittee via email June 14, 2021

- Budget 2021 Indigenous specific budget information: <u>Budget 2021: Strong Indigenous Communities Canada.ca</u> Budget 2021 proposes to provide \$597.6 million over 3 years starting 2021-22 for a distinctions based mental health and wellness strategy with First Nations, Inuit, and the Metis Nation
- Budget 2021 MMIWG to help build safer, stronger, and more inclusive society; proposes to invest an additional \$2.2 billion over 5 years and \$160.9 million ongoing. This investment would include: support the preservation, restoration, and promotion of culture and language; foster health systems free from racism and discrimination where Indigenous peoples are respected and safe; support culturally responsive policing and community safety services in Indigenous communities; improve access to justice for Indigenous peoples and support the development of an Indigenous justice strategy to address systemic discrimination and the overrepresentation of Indigenous peoples in the justice system; enhance support for Indigenous women's and 2SLGBTQQIA+ organizations; and work with Indigenous partners to ensure that appropriate monitoring mechanisms are in place to measure progress and to keep the government accountable, now and in the future

Andy Alook, First Nation Co-chair, T8 Bernadette Crowchild, Treaty 7 Dr. Chris Sarin, FNIHB-ISC

HCoM Secretariat:

Debra Loyie, Assistant

Regrets:

Colleen McDonald, ECN, Treaty 6 Erin Solway, HCoM Secretariat

Shannon Doubleday, FNIHB

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Co-chairs

@10:08am/Anne Bird

Subcommittee



Budget 2021: IRS RHSW/CSP and mental health benefits funding has been extended by 3 years from 2021/22 to 2024/25; the Alberta Region has requested additional IRS Grants & Contributions funding to ensure mental health and cultural supports are able to manage the anticipated surge of service requests

Standing Item: IRS for discussion at future meeting what would like to see happen and what recommendations to be put forward

- NNADAP Treatment Centre Update/status: Kapown Rehabilitation Centre and Kainai Healing Lodge Centre open to residential care; Mark Amy Treatment Centre providing intensive virtual day treatment program; Beaver Lake Wah Pow and Footprints Healing Lodge closed and undertaking board governance, program review and development, anticipate reopening in fall 2021; Clear Hills Treatment Centre opening April 2022 according to RFP
- Front Line Worker Meeting Funding: 2020/21 allocation \$100,000 to support MH&A Front Line Workers from the treaty areas to meet quarterly basis; previous decision divided equitably among the Treaty areas in 2019/20 and included as community flexible funding in 2020/21; considerations a LOI was to be posted to find a CA holder for these funds with the intention CA holder from the treaty area in which meeting held; Seek decision from Subcommittee

2021-06-14: #2 Motion the Mental Health & Addictions Subcommittee motioned to allocate the \$100,000 in Front Line Worker Meetings funds to top up the existing \$220,000 RFP awarded to Maskwacis Health Services for the NNADAP Gathering, as a means to broaden the scope to all mental health front line workers and support travel of workers from isolated/smaller communities. Moved by Andy Alook, Treaty 8. Second by Terri-Lynn Fox, Treaty 7. Question called; all in favour; Motion Carried

Action Item – FNIHB Team to engage with Maskwacis Health Services to provide Update at next Subcommittee meeting; standing item for next couple of meetings to provide updates

Treatment Centre Director Meeting Funding: previous decision HCoM Committee 2019-08-28: #2 Motioned to allocate the 2019/2020 Mental Health & Wellness Treatment centre funds to initiate the following activities: Treatment Centre Director Meeting \$33,300; considerations: a LOI was to be posted to find a CA holder for these funds; Seek decision from Subcommittee

MH&A SC & Observer roundtable discussion:

- Andy Alook Are there any other forms of treatment that would be considered for funding other than the treatment centres? Response lot of ways to support addictions recovery
- Caroline Adam-Courtoreille We need Trauma Centres one in every corner of Alberta
- Terri-Lynn Fox have a day treatment that we run with blood tribe department of Health Wellness Program utilizing funding from other areas to support the costs, is there a way we could advocate and lobby for those costs to support this day treatment? Thinks family centred recovery programs or family centre trauma healing centers are necessary
- Bonnie Healy (observer) let the Subcommittee know of great program in Ohio that involves judges the family courts the social workers the treatment centres these addictions counselors and the families and educators, all meant to keep the family unit together, if could start to look at working with Nations to develop similar types of supports would be amazing; referred to Lisa Ling series can find it through her work



2021-06-14: #3 Motion the Mental Health & Addictions Subcommittee motions to use the previous Motion for the \$33,300 and LOI developed for the 2019/2020 Tx Centre Director Meetings, which will limit application to existing Tx Centre to coordinate on their own behalf for the 2021/2022 Fiscal Year. Moved by Caroline Adam-Courtoreille, Treaty 8. Second by Terri-Lynn Fox, Treaty 7. Question called; all in favour: Motion Carried

• Dr. Chris Sarin provide the Subcommittee COVID-19 case rates and Immunization's update

Lunch Break

3. Terms of References

Revisiting roles & responsibilities focusing on communication

- Recommendations
 - 1. At the conclusion of each of the subcommittee meetings develop a 1 pager highlights of what happened, what were the issues discussed, and what questions need to be brought forward for engagement at the next meeting, that will go out to all the Liaisons; Dane graciously volunteered to coordinate this piece of work
 - 2. A draft agenda will be circulated two (2) weeks prior to the Subcommittee Meeting with prompt questions for Liaisons to engage with their Nations
 - 3. A standing agenda item for the Liaisons

4. HCoM Committee Meeting Update

Provided the Subcommittee a brief update focused on the questions and feedback received from the HCoM Committee Chiefs meeting that took place June 9 & 10, 2021; proposed to the Subcommittee to put together a strategic plan specific to opioids that's documented and to work with the Nations within the treaty area to capture what will work best within their communities; suggested a Working Group or Task Force be created; plus engage and collaborate with the other HCoM Subcommittees on strategic plan

MH&A Subcommittee roundtable discussion:

- Engage with Nations Health Directors to support the development of strategic plan
- Address systemic racism, systemic discrimination, and systemic reconciliation
- Establish protocols at each Subcommittee table because

5. Kamloops Update

- Shared with the Subcommittee traveled to Kamloops to pay respects; shared HCoM Co-Chair Chief Ramona Horseman reached out to Chief and Council on behalf of HCoM Committee to offer condolences and that HCoM directing ISC to leverage health supports/search supports haven't heard any calls for supports.
- Question brought forward: would like to know if any health supports are going to be mobilized to Kamloops to
 assist the people?

MH&A Subcommittee & Observers roundtable feedback:

 Bonnie Healy (observer) suggested the Subcommittee to work together with NIHB Subcommittee reflected the surplus this FY for under-utilization of funding as a collective Treaty 6,7 & 8 work on reprofiling the surplus funding for the immediate there are a lot of survivors that are triggered

Action Item 5.1: FNIHB Co-chair to request an internal meeting with Jack Kennedy to start discussion around surplus of NIHB funds and request time on NIHB Subcommittee agenda to bring forward concerns and start formal conversation

6. HCoM Liaisons Updates

- T6,7,8 Co-Management Liaisons
- Kavita Prasad for Treaty 7 SNNTC/G4 shared working on HSIF projects and conducting environmental scan and gap analysis of the G4 Nations

Andy Alook, Co-chair

Caroline Adam-Courtoreille

12:00pm - 1:00pm

Co-chairs



- Tisha Bromley-Wadsworth for Blackfoot Confederacy -
- Laurie Belcourt for Treaty 8 First Nations requested to have information sooner (no table dropping) feels decisions are made then information is sent out without proper feedback from treaty area members
- Anne Bird YTC Treaty 6 shared Treaty 6 activities and YTC activities

Standing Item: Treaty area Health Co-Management Liaisons updates at all future subcommittee meetings

Action Item 6.1: MH&A Subcommittee will collectively determine future Subcommittee meeting dates example quarterly meetings

7. Next meeting dates

Cochairs

Action Item 7.1: HCoM Secretariat to survey Subcommittee date to convene 90-minute ad hoc meeting to discuss Thunderbird Partnership Board of Directors Alberta Rep, and Audit & Evaluation Working Group RFP

8. Meeting Adjourned