



**Mental Health & Addictions Subcommittee Regular Meeting
January 5, 2022, via Zoom**

<p>Co-Chairs: Shannon Doubleday, FNIHB Andy Alook, First Nation Treaty 8</p> <p>Members: Anne Bird, Treaty 6(YTC) Terri-Lynn Fox, Treaty 7(BFC)</p> <p>Liaisons: Kavita Prasad, Treaty 7 (SNTTC) Laurie Belcourt, Treaty 8 Travis Yellow Wings, Treaty 7(BCTC)</p> <p>Observers: Deborah Hardy, ECN Tina Apsassin, CT6FN Comfort, FNIHB</p>	<p>HCoM: Erin Solway, Coordinator Debra Loyie, Admin Assistant (recorder)</p> <p>Presenters: Dr. Chris Sarin Sr. MOH FNIHB Samantha Cheuk, FNIHB Patricia Louie, FNIHB</p> <p>Regrets: Bernadette Crowchild, Treaty 7(SNTT)</p>
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1. Call to order/Opening Prayer/Rollcall **Co-chairs**

- With a quorum present the FNIHB Co-chair Shannon Doubleday called the meeting to order at 9:03a.m.
- Anne Bird provided the opening prayer

2. Review of previous minutes **Co-chairs**

- Secretariat identified 6 sets of draft meeting minutes that need to be reviewed and revised by MH&A Co-chairs
- FNIHB Co-chair indicated not back in office until Jan 20th

Action Item 2.1: Secretariat will send out draft meeting minutes to the Subcommittee for review and identify a date for approval by emotion

3. Review of Draft Agenda **Co-chairs**

- First Nations Co-chair Andy Alook noted that his term is coming up, reminded the Subcommittee it was agreed the position would rotate among three treaty areas
- If any interest among other Subcommittee members can put name forward next meeting

Bring Forward Agenda Item 2.2: MH&A Subcommittee First Nation Co-Chair Terms of Reference for next meeting

2022-01-05: #1 Motion the Mental Health & Addictions Subcommittee moved to approve and accept the agenda as presented. Moved by Colleen McDonald, Treaty 6(ECN). Seconded by Terri-Lynn Fox, Treaty 7(BCTC). Motion CARRIED

4. HCoM Liaison Roundtable **Alberta Treaty Area Liaisons**

- Ooportunity for HCoM Liaisons to provide update on activities, issues, and concerns unique to the communities they represent
- Anne Bird YTC Liaison shared pandemic caused allot delays distruptions deal with losses grief violence suicide and homicides; area represent 2 Nations isolated Rocky Mountain House issues; not seeing results from all FNIHB iniatives; elders not being supported properly not able to transfer traditional knowledge down for support; FNIHB only has functioning role need someone to deal with crisis that's beyoud; participate at workshops but how is information transferred is concerning; serious fracture not able to utilize elders cultural ways; families vunerable



need to see more outcomes from initiatives in terms how helping against real issues; Elders have great attributes but what gaps has the pandemic caused against elders to support families; public health restrictions have been a yoyo rollercoaster ride this past year; hard to be creative and gather within communities held virtual sessions but still issue as not all have computer equipment at home; have protocol within their area and needs to be continued to be practiced

- Andy Alook shared community facing similar challenges not easy to practice; biggest concern public health risk i.e., bring people together, had to be creative too, could share ideas with Anne
- Caroline Adam-Courtoreille COVID played huge part in their communities not being able to meet in person only zoom capabilities; hope pandemic coming to end, many communities unable to do work or hold events; pandemic has taken huge toll on many people
- Kavita Prasad inquired if there's going to be any more grant for mental wellness dollars that can be applied for
- FNIHB shared for grants not sure what will happen to COVID funding knows Nations accessed thru ISC, has no clear answer
- Andy Alook a project working on with Alberta Health have been working on a recovery care program but it's been delayed because of COVID it was due for this fiscal year to wrap up but they're looking at providing that opportunity again to anyone else that might want to apply for grant if and when it comes out; there are other resources in terms of mental health that can support communities and it was called a recovery care coaches but this was to be in partnership with like any new initiatives such as our recovery care program or a recovery care program like Blood Tribe but it was just an additional resource but not specific to funding, they're going to be announcing any new funding more towards the new fiscal year from Alberta Health but at this point knows there was nothing confirmed yet it's just what heard based on the projects been working on
- Shannon Doubleday shared info about Alberta Health there are mental Wellness related addictions related funds or grants coming available. The province has a big focus on expanding the number of treatments and the concept of recovery communities, there might be opportunities there, could reach out to Alberta Health Corrine Everington to join the Subcommittee for a presentation

Action Item 4.1: Shannon will invite Alberta Health Corrine Everington for presentation to Subcommittee

- Colleen McDonald shared ECN developing MW CRT and appropriate training for crisis response within community
- Kavita Prasad shared Alberta health has a grant called PCADA or the protection of children abusing drugs aktan so they have a couple of facilities throughout Alberta for that under 18 population and right now they're doing an evaluation of this action they're looking for members to be part of their task board so I can send information to the Subcommittee but I thought I'd just put that out there in case anyone is interested in being part of that task force and learning more about; shared a couple of years ago there was a grant opportunity available through Alberta Health which they applied for and shared information within our communities regarding PCADA and we found out that no one was aware; so if interest or want them to come and present, can assist with coordinating that
 - FNIHB Co-chair replied if able to share would be great, if Subcommittee see value for future agenda item can be brought forward
- Tina Apsassin shared that she was the policy analyst for treaty 6 and listen to the nations and the health directors in the nations. She works closely with them and her role is to support them with their needs including funding opportunities, T6 nations have been really hit hard recently with a lot of loss specially in the new year; shared her loss and grief which hasn't been easy and bares heavily on mental wellness; concurs with Anne, Caroline and Colleen, communities need enhanced supports; has reviewed the opioid report recently released, the rates related to accidental overdose is quite concerning and it's alarming, is a firm believer in data and data does tell the story that there's an issue here in our nations that we really need to focus and pay some attention too, we really need to move an action some items in regards to the opioid crisis thinks that it has to be a priority now, have been talking in circles about this thinks we need action now, can't sit back and watch these rates continue to increase, knows of



the opioid working group but haven't seen anything really come from that just yet, we had a number of meetings but that's all it's been and I just really want to encourage that we move ahead with that working group and start coming up with something that's going to support the nations with what they're dealing with

- Crystal Beaverbones shared her job description and role for O'Chiese First Nation
- Laurie Belcourt shared role as Co-Management Liaison
- Deborah Hardy appreciates the collaboration amongst Subcommittee
- Dion Napio understood one of the mental health and addictions like some of the stuff that is coming up and some of the RFP's and kind of a hard decisions especially with 2022 coming up. There will be a lot of hard decisions coming up for mental health and addictions within this year just given all the different factors from missing murder indigenous women, residential schools, COVID-19 etc., There will be a lot of our decisions coming within this year; need to look at in future teaming up with other HCoM Subcommittees

5. MWCRT DRAFT RFP

FNIHB

- Shannon Doubleday provided draft MWCRT RFP for review
- noted Subcommittee feedback: need for cultural mentors, need to include housing department; include appropriate space but not a requirement; RFP E-MWCRT policies vs enhanced indigenous MWCR
- MH&A Co-chairs and Enoch Cree Nation reps to revise draft RFP

Break

10:38 to 10:55pm

6. Frontline Worker Meetings

Shannon Doubleday, FNIHB

- Provided update and deck titled *Frontline Workers Meetings 2022/23* dated January 5, 2022, discussion on Treatment Centre Director Meetings, Treaty 6,7 & 8 Frontline Worker Meetings
- Seeking motion approving recommendation 2022/23 Allocation: \$100,000, Intention to support Mental Health & Addictions Front Line Workers from the Treaty Areas to meet on a quarterly basis, Recommendation: Divide \$100,000 equally between each Treaty Area (\$33,333/Treaty Area). Considerations: A Letter of Intent to be posted to find CA Holders for these funds, with the intention that CA Holders be from the Treaty Area in which the meetings will be held

2022-01-05: #2 Motion the Mental Health & Addictions Subcommittee accepted and approved the recommendation to support Mental Health & Addictions Frontline Workers from the Treaty areas to meet on a quarterly basis, and to divide the \$100,000 2022/23 Fiscal Year funding allocation equally between each Treaty area (\$33,333/Treaty area). Moved by Terri-Lynn Fox, Treaty 7(BCTC). Seconded by Colleen McDonald, Treaty 6(ECN). Motion CARRIED

7. Alberta First Nations Opioid Report Update

FNIHB-ISC

- FNIHB Sr. MOH Dr Chris Sarin and Dr Hakique Virani presented to the Subcommittee the deck titled *The Health Impacts of COVID-19 on Alberta First Nations* dated January 5, 2022.

Action Item 7.1: circulate *The Health Impacts of COVID-19 on Alberta First Nations* with Subcommittee

Lunch Break

12:05-12:35pm

8. Community Based Opioid Response Innovation & Promising Practices

Siksika Health Services

- Siksika Health Services and Dr. Hakique Virani, Medical Director Metro City Medical Clinic provided the PPT titled *Community Based Opioid Response Innovation & Promising Practices*



- Tyler White introduced Pauline Yellowfly, Vanessa Buckskin and Charlene Brough, Siksika Health Services Team to share experiences and examples of their work with other partners and organizations across the country to address the opioid issue
- Siksika Health Services is happy to come back to elaborate on the continuing care they're developing a new continuing care facility with that aspect in mind and share the vision and the planning and the development that has gone into that so maybe I'll just put that on the Co-chairs list for a future invite to come in show to share that at a future time and share those examples, hoping Subcommittee could provide some guidance on what we can do to help

Action Item 8.1: Siksika Presentation which includes contact information will be shared with Co-chairs for distribution to Subcommittee

- Tyler White shared sits on college of physician of Alberta share with MH&A Co-chairs we're going to need you know the inside and experience and wisdom of this group to transform some major policies that are needed with our physicians, want to raise this as opportunity for Co-chairs of MH&A team as we move forward

Break

2:12 to 2:30pm

9. HCoM Opioid Task Force Update and Recommendation

Co-chairs

- FNIHB Co-chair provided update and deck title *MH&A Opioid Task Force Update* dated January 5, 2022
Update on opioid related AIVCC
 - FNIHB Co-chair would like to invite the AIVCC to present to the Subcommittee the mental health model at future meeting
- Update opioid related Nasal Naloxone
 - Anticipate distribution will begin January 2022, MW Directorate will contact each community directly to assess need
- Update Opioid Task Force Update:
 - seeking Subcommittee feedback on Opioid Task Force Recommendation
 1. The NEIHR be invited to present to the MHA and the HCoM Opioid Task Force on their current research and how this could dovetail with the HCoM Opioid Task Force mandate.
 2. That the MHA consider leveraging the 2021/22 HCoM Opioid Task Force budget (\$155,894) to engage a consultant to complete an exhaustive environmental scan of every First Nations current baseline status specific to the opioid epidemic.
- Subcommittee suggest invite NEIHR to meet with the Subcommittee and the Opioid task force tentatively end of January to present their work, then Subcommittee could have opportunity to talk in camera if would like to explore further or are there other options to consider

Action Item 9.1 FNIHB to identify date and invite NEIHR to present to MH&A Subcommittee

10. Governance Discussion

Andy Alook, MH&A Co-chair

- Open discussion around criteria for the RFP's and LOI any funding initiatives; plus is HCoM Communication effective do all First Nation communities have opportunities to submit and receive the funding; Co-chairs decided to bring issue to Subcommittee table for feedback, is a safe environment can have these hard conversations and be still really caring and respectful for each other

Subcommittee collective feedback:

- any crisis response/programs happening in communities the funding should be kept for Nations
- co-chairs presented subcommittee terms of references for language related to feedback received

Action Item 10.1: Secretariat to send Terms of References to Subcommittee to edit and email back by January 19, 2022

Bring Forward Agenda Item 10.2: MH&A Terms of References, led by Secretariat Coordinator and MH&A Co-chairs



11. Next meeting dates

Cochairs

- Next meeting scheduled for January 24, 2022; Secretariat will send out meeting invite

Bring Forward Agenda Item 11.1: MH&A Subcommittee draft minutes (March 2020 to January 5, 2022) next meeting

12. Closing Comments/Adjourn

3:33pm