



Mental Health and Addictions Subcommittee

October 14 & 15th, 2015

Marriott River Cree

<p>Co- Chairs: Coreen Everington, FNIHB Marilyn Willier, Treaty 8</p> <p>Liaisons: Arleen Thomas, Treaty 6 Nora Alook, Treaty 8</p> <p>Guests: Kathy Laforge, FNIHB Trevor Berard, Treaty 8 Roberta Whiskeyjack, Saddle Lake Selena Willier-Schmidt, FNIHB Janice Willier, FNIHB Lauren Stewart, Treaty 7 Terri, Chisholm, FNIHB</p>	<p>Subcommittee: Gail Lightning, Treaty 6 (Maskwacis) Patty Shade, Treaty 7 Carolynn Small Legs, Treaty 7 Marlene Arcand, Treaty 6 (YTC)</p> <p>HCoM: Beverly Swampy</p> <p>Regrets Chris Sarin, FNIHB</p>
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- 1. Meeting Call to Order and Opening Prayer** **Elder Richard Lightning 9:05 a.m.**
- 2. Review Minutes** **Subcommittee**

April 22, 2015 House of Healing: Discussion: Treaty 7 has not received project/flow through funding as most of the funding has gone to Treaty 6. Minutes for April 21-13 to reflect the clarification.

- **Action Item:** HCOM Coordinator to provide an update on the CA rotation.
- **Action Item:** Coreen to set up a teleconference regarding the House of Healing to ensure First Nation input and address the data concerns.
- **Action Item:** Joint Action Plan session to provide a history & update (next meeting)
- **Action Item:** Continue to communicate to communities on any changes that occur for the House of Healing.
- **Action Item:** add House of Healing to the agenda for November 17, 2015 (teleconference).

- 3. Regional Mental Wellness Team** **Marcella Schnurr**

Letters went out to Treaty 6, 7 & 8 to see how they felt about starting a wellness team in their areas. A pilot project will be started in treaty 8 and then move to the other treaty areas. Communities mentioned for Treaty 8 were Woodland Cree, Loon River, Sturgeon Lake Cree Nation, Sucker Creek First Nation and Tall Cree First Nation. The regional team will support any community that would like to have their own mental wellness team, the goal for the teams is to adopt inter agency approach to address priority areas in the community. There are some resources created to establish common understandings within the interagency teams. The resources offer information on gap and asset analysis, which supports determining priorities and how they can meet the goals in their plan.



- **Action Item:** Marcella to forward the documents presented in meeting to Coreen to forward to subcommittee.
- Subcommittee supports the first pilot to be the community of Sucker Creek and then Treaty 7 (in January) and then a community within Treaty 6 will be chosen that does not have access to the YTC MWT (by March 31). **Action Item:** Treaty 7 Piikani and Blood Tribe to discuss and determine if they wish to proceed, if not then a follow-up to the call out will go to other Treaty 7 communities.
- Suggestion: Develop a presentation to leadership about the MWT that goes with the other documents to the potential communities. Tools and information to be shared within communities.

Discussion: Concerns about YTC MWT given that Sunchild applied. Questions arose about the participating communities in the original submission, specifically, if Enoch was named.

- **Action Item:** Coreen to determine if Enoch was named in the original submission.
- **Action Item:** Presentation from the AHS North Zone Traveling Mental Health team for the next meeting.

National projects also need to be communicated back to this table. Communities could come with National and give resources as they could also have concerns as well.

4. Minutes Con't

Subcommittee

April 21-23, 2015

The funding formula for CA's has still not been clarified and is sitting at the Operations and Support committee for discussion.

2015-10-14-#01 Moved by Patty Shade to accept the minutes for April 21, 21, 23, 2015, seconded by Gail Lightning, all in favor, motion carried.

July 21, 2015

Update on Allisar reporting: reports can be generated.

Joint meeting with HSIF: Coreen to follow up on meeting date.

Treatment Center Outcome Study: Will be presented to HCoM Committee at their next meeting. Will need to discuss the items that need to be presented when doing an update to HCoM Committee such as the high level items.

2015-10-14-#02 Moved by Patty Shade to accept the minutes for July 21, 2015, seconded by Gail Lightning, all in favor, motion carried.



September 17, 2015

2015-10-14-#03 Moved byCarolynn Small Legs to recommend to Co-Management to support the process recommended by the MHA subcommittee that a call out be send to communities to apply for Victims of Violence Funding, seconded by Gail Lightning, all in favor, motion carried.

2015-10-14-#04 Moved byCarolynn Small Legs to accept the minutes for September 17, 2015, seconded by Gail Lightning, all in favor, motion carried.

2015-10-14-#05 Moved byPatty Shade to approve the agenda for October 14 & 15th, 2015, seconded by Gail Lightning, all in favor, motion carried.

5. Lunch

12:00 – 1:00 p.m.

6. Alberta First Nations Food Security Strategy

Shawn/Judy/Calvin

- The Prevention Programs Subcommittee is looking for names of representatives who want to support a inter-subcommittee food security working group. Prevention Programs are presenting to all subcommittees to see if there are any who want to partner and if there is any willingness to work on areas of common interest. There are options that have been presented to the Prevention Programs Subcommittee and felt that this information needs to go to the Elders in the communities. The working group could determine the priorities and how to navigate through the laws and regulations that are in place. The working group has not been established yet & there are no terms of reference. If there are members of the subcommittee who would like to participate forward names to Judy Halladay. Recommendation that this go to the Treatment Center table to discuss food buying. Loren Stewart from Treaty 7 Management group will sit on the table to represent Treaty 7 and Subcommittee would also like to see a Treatment Center Director to sit on this table as well. The Treaty areas could also select whom they would like to see at this table.
- **Acton Item:** Draft TOR to be developed by Prevention Subcommittee and forwarded to subcommittee with request for working group members. Suggest that they present at the Treatment Center Director meeting in December.

7. Worker Certification and Northern Lakes College Update

Kathy Laforge

Years ago there was a movement to have the workers gain certification in order to see a better quality of service. There difficulty in achieving CACCF certification.. There is a portfolio requirement, as well as a written test and proof of clinical supervision. NLC was supposed to assist in increasing certification numbers however there has been low uptake; students cannot travel to attend the face-to-face sessions (regional seminars and lab weeks). There has been consideration in looking to difference sources for certification. There also doesn't seem to be incentive for higher-level certification, such as with CACCF, as the retention and recruitment bonus is the same regardless of whether you are with CACCF or CCPC. Some of the other concerns are that there are those workers with



degrees who are not certified do not qualify for the \$4k. Also discussed the overall challenge with uptake and completion of FNIHB funded training programs. (See hand outs provided).

- **Action Item:** Have someone from First Nations certification body and the CACCF and CCPC to make a presentation at the next meeting. Will provide a template presentation outline/parameters.
- **Action Item:** Discussions need to take place with NLC to have a higher number of graduates. A template will be provided with a outline/presentation parameters for a NLC presentation, as well.
- **Action Item:** Explore other certification options.
- **Action Item:** Explore level options for the retention bonus.
- **Action Item:** Explore different models for clinical supervision.
- **Action Item:** Follow-up with Northern Lakes College regarding options for southern campus lab weeks, find out the reasons for not completing from their exit survey.

8. Update from TCD Meetings

Selena Schmidt/Coreen

In community treatment review went to Treaty 7 & 8 and Treaty 6 will be doing theirs in December 2015.. The Front-line workers meet to discuss linkages, NAYSP, NNADAP, IRS and some health directors attend the meetings. The information will be compiled by Treaty area and sent out to the subcommittee members. A joint meeting with the Treatment Center directors and NNADAP Workers will be set up to move the priorities.

- **Action Item:** Maskwacis to provide an update on the budget and process for the Frontline worker meetings and YTC on the Treatment Center Director Meetings at each subcommittee meeting.

2015-10-14-#06 Moved by Gail Lightning, that the MHA Subcommittee agree to change the name of the House of Healing project to better reflect the regional intention of it, upon consultation of Elders, seconded by Coreen Everington, all in favor, motion carried.

9. HSIF Update

Coreen Everington

There are 2 pieces of the project, which is using the continuum of care that was developed in the honoring our strengths document. One with the Northern Addiction Center and the other at Western Cree Tribal Council. They are looking at barriers that exist for on reserve referrals to off reserve treatment centers. Specifically looking at Sturgeon Lake referrals to Northern Addictions Centre including their detox facility. Example: paper work, organizations have to fill out double the paper work, which is an administrative burden. There is a need to figure out a way to have similar forms to make it easier. A lot of work is being done around the involvement in discharge planning and the after care planning to ensure the NNADAP worker is included in the process right from the point of intake. The project between Saddle Lake and St. Paul hospital focuses on Mental Health discharge planning, the project is strengthening the relationship with the community and hospital. The hope is that this can be replicated to other hospitals, provincially run treatment centers and detox centers and communities.

- **Action Item:** Date set for MHA and HSIF November 20th – Janice to be informed by Carolynn Small Legs for Janice to set this meeting up.



- 10. FNMWC Framework Implementation Team Update** **Marilyn Wilier**
Co-Chair Marilyn Willier attends these meetings, there were 2 implementation team meetings and Marilyn will attend one more meeting to see how this goes as there is growing frustration in attending these meetings as they seem unproductive. When looking at the whole framework, Alberta is taking a different stance and provided a briefing to the other regions. A presentation was provided on the Alberta regions operational process and talked about how the operational plan is done within the subcommittees. This is a unique process and there is no other region that gages in partnerships such as ours.
- 11. Meeting adjourned:** **4:30 p.m.**
- 12. Day 2 Meeting Call to Order & Invocation** **Elder Richard Lightning 9:20 a.m.**
- 13. Set Date for Joint Meeting TCD/Staff & Community NNADAP**
There is some funding set aside to host these meetings. The Subcommittee feels that there is value in having the 2 groups meet to have open dialogue as to what works for everyone involved. Ensure that all NNADAP workers are included regardless of funding.
- **Action Item:** invite Janice Challifoux to the joint meeting.
December 10, 2015 (Meet with Treatment Center Directors)
February 2, 2015 – Joint meeting with NNADAP Community Based Workers, & Subcommittee. Suggestion to have Sue Howard to facilitate to discuss the priority areas and develop an action plans for moving forward with implementation.
- 14. Operational Planning** **Nathalie Lachance**
This is the time of year to discuss the operational planning for the next year. This is the tool to allocate funding to the region. Without the plan there will be no funds sent to the region. Goal is to improve planning as they move along. This shows transparency and collaboration. Hope to have stronger fiscal stewardship and timely funding.
- 15. MHA Operational Plan Review** **Subcommittee**
Prescription misuse piece is not receiving enough funding, as this is a huge issue. Regional Mental Wellness team will also be focus on this. There is a concern that they are not reaching Treaty 7, as there is a high rate of prescription misuse and death. There are communities in crisis. Would like to ensure sustainable funding as there is no confirmation that this funding will remain and there could be a change in government and funding could change. Subcommittee raised concern regarding the funding for Northern Lakes as there has been a high amount of funds that have been utilized for the training through them however, in 5 years only 12 graduates have emerged. Suggestion to ask the front line workers and get suggestions from them as to what they would like to see in terms of training. .
- **Action Item:** Provide Northern Lakes college the opportunity to meet with the subcommittee and address the concerns to have more students, more graduates, more localized training. Recommendations have been made after the last evaluation. A teleconference meeting will take place on October 30, 2015 that the Co-Chairs of MHA are joining and inform them to be added to the agenda for the February meeting.
 - **Action Item:** to change the wording to read Northern Lakes College/Addiction Worker Training in the operational plan.



- **Action Item:** to move the National Mental Wellness team to the Base Funding and have discussion and show as base funding so it does not look like discretionary funding.

2-15-10-15-#01 Moved by Marlene Arcand to approve the ongoing funding for 2016/17 as follows:

Northern Lakes College/Addiction Worker Training - \$400,000.00

Clinical Consultation - \$200,000.00

FLW Meetings - \$61,000.00

Treatment Center Meetings - \$20,000.00

Regional MWT - \$224,567.00

Seconded by Marilyn Willier, All in Favor, Motion Carried.

16. Ops Plan Con't – Elders Advisory

Subcommittee

Reg Crowshoe, Dustin Twin and Richard Lightning will go back to their communities and discuss the needs of the Elder support in the subcommittees. Reps from Elders and Co-Management and talk about the ideal situation and what would meet the culture and traditions needs.

2015-10-15-#02 Moved by Marlene Arcand to support the Elders Advisory in the amount of \$60,000.00, seconded byCarolynn Small Legs, all in favor, motion carried.

17. Lunch Break

12:00 – 1:15 p.m.

18. Elders Discussion Con't

A date has not been set as of yet for the Elders meeting but it will be hosted in the Treaty 6. Elders will determine what their best fit is regarding the Subcommittees and the Joint Action Plan projects. The 3 lead Elders would sit at the MHA table and when the regional Elders meet. It is important to speak to the 3 Main Elders and see when a meeting can take place and provide some prep work in advance and have a briefings on what each subcommittee's vision is.

- **Action Item:** HCOM to communicate with the Co-Chairs of each subcommittee to determine what each subcommittee's needs are as far as Elder support. Also a canvas to the Joint Action Plan table to see what their needs are. Summary to be ready for the Elders advisory meeting.
- **Action Item:** Have a conference call with the 3 main Elders; the Elders could set the date for the larger meeting. Discussion need to take place on the roll and what subcommittee meetings they would represent.
- **Action Item:** 2 day meeting to be set up for the Elders Advisory group in the Treaty 6 territory. November 9th & 10th or 24th & 25th as suggested dates.

Worker Certification:

Funds were remaining and suggestion is to allocate \$7,000.00 as the funds aren't being used. This was for CACCF and there are only 7 accredited workers. Will not require the full amount that was requested. There is a fee for membership renewal and also a fee to write the exam.



2015-10-15-#03 Moved by Carolyn Small Legs, to allocate \$7,000.00 for Worker Certification, seconded by Coreen Everington, all in favor, motion carried.

19. Undetermined Funding

Selena Scmidt

There was an agreement to fund 2 beds with the Kainai surplus. The Subcommittee will need to determine if they wish to continue to fund the 2 additional beds. Every treatment center except for Siksika has about the same funding per bed. The PDA for treatment centers came out late last fiscal year. One area was specifically for case management. The Case Management money was sent to treatment centers and the bulk was used for training for case management. This year's focus was on the case management approach. It is requested that before the end of the year to work with the treatment centers on this. If this is not being used for case management this item will come back to the subcommittee. First Nations subcommittee raised concern that there are so many issues in the communities but FNIHB comes to the table and identify where funding should go. The Sub Committee feels that there is never an opportunity to present items to be funded, as new areas to be funded there are only options presented by FNIHB. First Nations want to be more part of the planning. The Co-Management agreement is to include the First Nations people and this is a first step in including First Nations in all planning.

2015-10-15-#04 Moved by Gail Lightning The MHA Subcommittee approve to allocate 692,868.00 for Prescription Drug Abuse Activities DUPP (\$357,000) PDA Prevention (\$151,919) PDA Case Management (\$183,949.00). Remainder of funding for House of Healing (to be renamed) capacity building and worker wellness of \$965,013.00, seconded by Carolyn Small Legs.

- **Action Item:** Subcommittee request a teleconference to discuss items and address the outcome of the TC/Front Line Worker and Subcommittee meetings prior to the joint meeting in order to ensure the purpose at the joint meeting is clear.

2015-10-15-#05 Moved by Gail Lightning that the Mental Health and Addictions Subcommittee approve to allocate \$255,768.00 to fund 2 beds for Kapowan and 2 beds for Mark Amy for 2016/2017 fiscal year, Patty Shade seconded, Marlene Arcand abstaining, motion carried.

- **Action Item:** That a data/report on the occupancy of treatment center beds, how many completed, what was the occupancy rate.

20. RAG Terms of Reference

Marilyn Willier

When the NIHB and the MHA Subcommittees met to address the communities in crisis issue, a working group was formed and so far there were 3 meetings that have taken place. The group created a draft TOR, the subcommittee is to review and provide feedback in order for them to move forward. MHA Subcommittee would like to stress that the working group are to focus on the original intent of the forum is for Prescription Drug abuse



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and Suicide. Also, inform NIHB that they are also still to be involved in this process as it was a joint agreement.

2015-10-15-#06 Moved by Patty Shade, to approve the RAG Terms of Reference with revisions, seconded by Marilyn Willier, all in favor, motion carried.

21. Meeting Adjourned

4:30 p.m.