

Mental Health and Addictions

Health Services Integration Fund (HSIF)

DECEMBER 2013

Introducing HSIF Integration Facilitators

The HSIF Mental Health and Addictions project is designed to build a continuum of care thereby improving the accessibility, availability and relevance of existing federal and provincially operated and funded First Nations focused mental health and addiction services in Alberta.

Priority areas for HSIF Mental Health and Addictions include:

- ⇒ **Discharge planning**
- ⇒ **Effective prevention strategies**
- ⇒ **Crisis response services**
- ⇒ **Continuum of care**

We would like to welcome our Integration Facilitators to the project.

Anita Makokis is originally from Alexander First Nation married into the Saddle Lake Cree Nation. With an educational background in Human Services and Strategic Planning she continues to demonstrate her belief in strength building of each person, all families and community through proactive community efforts. Has over 20 years experience in all levels of government and community agencies working towards addressing First Nation issues.

Alayna Many Guns is a member of the Siksika Nation, located in Southern Alberta. In 1998, Alayna graduated with her University Degree in Administration, with a concentration on Aboriginal Health. Over the past 20 years, Alayna has been employed at community, Tribal Council and Regional levels in Alberta in various capacities. This provided her with experience and learning from a variety of models and best practices in community development, strategic planning, managing, and building partnerships. Alayna is glad to be working on the HSIF Mental Health and Addictions project Treaty 7 / Southern nations and partners.

Allen McKay, Certified Addiction Counselor II (CAC II) May 2004; Bachelor of Arts - Native Studies, June 2011. Greetings, I feel fortunate to be working in a role with First Nations People in the Treaty 8 area to facilitate more accessible and available health services in the area of mental health and addictions. I hold a very firm belief in the abilities and potential of our People to overcome the challenges and social issues that surround us. I will do all that I am able to exploring appropriate solutions. I look forward to assisting in this particular project.

CONTACT NUMBERS

Treaty 6 / Central Zone
Anita Makokis
780.686.1619

Treaty 7 / South Zone
Alayna Many Guns
403.901.6877

Treaty 8 / North Zone
Allen Mckay
587.588.6797

Project Contact
Denise Lambert
780.913.9036



Bigstone Health Commission

Edmonton Corporate Office
16310 - 100 Avenue
Edmonton, Alberta

Phone: 780.341.2777

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The next meeting of the HSIF
Mental Health and Addictions
Project Management Team
(PMT):

January 7, 2014
Edmonton, Alberta
9:30 - 4:00 p.m.

HSIF Mental Health and Addictions Community Initiatives

Community Initiatives have been introduced in 5 First Nations within the HSIF Mental Health and Addictions project. These initiatives are pilot projects focusing on community defined issues within the priority areas of HSIF. Integration Facilitators will provide technical support to the communities and assist in evaluation activities.

Treaty 8 / North Zone - Driftpile
Treaty 6 / Central Zone - Alexander, Paul, Samson
Treaty 7 / South Zone - Siksika

Additional Community Initiatives may be introduced in 2014.

CONTACT NUMBERS

Provincial Mental Health and Addictions Resources

24-hour Addiction Helpline **1-866-332-2322**

For information about Detox, Treatment and Counselling Offices throughout Alberta

Health Link Alberta

Anyone in Alberta with a health concern can call:

- Toll-free: **1-866-408-5465** (LINK)
- Edmonton: **780-408-5465** (LINK)
- Calgary: **403-943-5465** (LINK)

Federal Mental Health and Addictions Resources

First Nations & Inuit Health Branch, Alberta Region

- Toll Free: **1-855-809-6966**
- Edmonton **780.495.2703**